

Do you have a confirmed stress fracture?

Inclusion Criteria:

- Has a medically confirmed lower limb stress fracture
- Female
- 18 to 45 years old
- Active athlete (e.g. runner, dancer, basketball player)

Bone Imaging
Laboratory



As a participant you would:

- Receive an optional FREE six-week rehabilitation program
- Complete questionnaires related to your current health status and physical activity
- Have your lower legs and one wrist scanned using a new bone imaging method (HR-pQCT) to assess bone quality
- Have your body composition and bone density assessed
- Have your muscle function assessed using tests of grip strength and calf and ankle muscle force

Your total participation time would be 2 - 3 visits of 1 ½ to 2 hours each within one year.

This study has been reviewed by, and received ethics clearance through, the Conjoint Health Research Ethics Board, University of Calgary.

For more information or to volunteer, please contact the Bone Imaging Lab:

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