

# CURRICULUM VITAE

**S. Nicole Culos-Reed, Ph.D.**

## *Personal*

Current Position: Associate Professor, Faculty of Kinesiology  
Adjunct Associate Professor, Dept. of Oncology, Faculty of Medicine

Nationality: Canadian

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Maternity/Parental Leaves March 2002 – March 2003  
August 2004 – August 2005  
February 2007 – February 2008

## *Professional Affiliations*

Society of Behavioral Medicine (SBM)  
North American Society for the Psychology of Sport and Physical Activity (NASPSPA)  
Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)  
Canadian Association of Psycho-Oncology (CAPO)

## *Education*

2000 **Ph.D.** in Exercise and Health Psychology, Department of Kinesiology, Faculty of Applied Health Sciences, University of Waterloo. Waterloo, Ontario, Canada.  
Supervisor: Dr. Lawrence R. Brawley

1996 **M.Sc.** in the Social Psychology of Sport and Physical Activity, Department of Exercise and Movement Science, University of Oregon. Eugene, Oregon, USA.  
Supervisor: Dr. Maureen R. Weiss

1994 **B.A.**, Department of Psychology, University of British Columbia. Vancouver, British Columbia, Canada.

***Professional Experience***

***Current***

- 09/2007 Associate Professor, Health and Exercise Psychology, Faculty of Kinesiology, University of Calgary
- 09/2007 Adjunct Associate Professor, Department of Oncology, Faculty of Medicine, University of Calgary
- 01/2001 Research Associate, Health and Exercise, Psychosocial Resources, Tom Baker Cancer Centre, Alberta Cancer Board

***Previous***

- 01/2001 Assistant Professor, Health and Exercise Psychology, Faculty of Kinesiology, University of Calgary
- 01/2001 Adjunct Assistant Professor, Department of Oncology, Faculty of Medicine, University of Calgary
- 06-12/200 Post-Doctoral Fellow, Centre for Behavioural Research and Program Evaluation (CBRPE), University of Waterloo

***Awards and Distinctions***

***Fellowships***

- July 2000 – December 2000 Canadian Cancer Society/National Cancer Institute of Canada Post-Doctoral Fellowship
- May 1998 – May 2000 Social Sciences and Humanities Research Council of Canada (SSHRC) Doctoral Fellowship

***Awards***

- 2003-2006\* Alberta Heritage Foundation for Medical Research: Population Health Investigator  
\*Extended for 2 years due to maternity/parental leaves
- 2000 American Psychological Association, Division 47 (Health and Exercise Psychology), Outstanding Dissertation Award
- 1993 Undergraduate NSERC Student Research Award
- 1990-1994 Various undergraduate scholarships, held at UBC

**Publications**

**Invited Book Chapters**

1. Santa Mina, D., Ritvo, P., Segal, R., **Culos-Reed, S.N.**, & Alibhai, S.M.H. (In press). Exercise after Prostate Cancer Diagnosis. In J.M. Saxton & A. Daley (Eds.), Exercise After Cancer Diagnosis: Impact on Health Outcomes and Quality of Life. Springer Science and Business Media.
2. DuCharme, K. A., Gyurcsik, N. C., **Culos-Reed, S. N.**, & Brawley, L. R. (2001). Perceived control: A construct that bridges theories of motivated behaviour. In G. C. Roberts (Ed.), Advances in Motivation in Sport and Exercise. Champaign, IL: Human Kinetics.
3. **Culos-Reed, S. N.**, Brawley, L. R., & Gyurcsik, N. C. (2001). Using theories of motivated behaviour to understand physical activity: Perspectives on their influence. In R. Singer, H. Hausenblas, & C. Janelle (Eds.), The International Handbook of Research on Sport Psychology, 2<sup>nd</sup> Edition. New York, NY: Wiley & Sons.

**Manuscripts (In press or Published)**

*Note: Underlined names indicate trainees*

1. Norris, J.M., Moules, N.J., Pelletier, G., & **Culos-Reed, S.N.** (Accepted, with revisions, October 2009). Families of Young Pediatric Cancer Survivors: A Cross-sectional Survey Examining Physical Activity Behavior and Health-Related Quality of Life. Journal of Pediatric Oncology Nursing.
2. Stephenson, L., Bebb, G., Reimer, R.A., & **Culos-Reed, S.N.** (2009). Physical activity and diet behaviour in colorectal cancer patients receiving chemotherapy: associations with quality of life. BMC Gastroenterology,
3. **Culos-Reed, S.N.**, Robinson, J.W., Lau, H., Stephenson, L., Keats, M.R., Norris, S., Kline, G., & Faris, P. (2009). Physical Activity for Men Receiving Androgen Deprivation Therapy for Prostate Cancer: Benefits from a 16-Week Intervention. Journal of Supportive Care in Cancer, (ePub ahead of print July 16, 2009).
4. Keats, M.R. & **Culos-Reed, S.N.** (2009). A theory-driven approach to encourage physical activity in pediatric cancer survivors: A pilot study. Journal of Sport and Exercise Psychology, 31(2), 267-283.
5. Keats, M.R., & **Culos-Reed, S.N.** (2008). A community-based physical activity program for adolescents with cancer (Project TREK): Program feasibility and preliminary findings. Journal of Pediatric Hematology/Oncology, 30, 272-280.
6. **Culos-Reed, S.N.**, Stephenson, L., Doyle-Baker, P.K., & Dickinson, J.A. (2008). Mall Walking as a Physical Activity Option: Results of a Pilot Project. Canadian Journal on Aging, 27(1), 81-87
7. **Culos-Reed, S.N.**, Robinson, J.L., Lau, H., O'Connor, K., & Keats, M.R. (2007). Benefits of a physical activity intervention for men with prostate cancer. Journal of Sport & Exercise Psychology, 29(1), 188-127.
8. **Culos-Reed, S.N.**, Doyle-Baker, P.K., Paskevich, D., Devonish, J.A., & Reimer, R.A. (2007). Evaluation of a community-based weight control program. Physiology & Behavior, 92(5), 855-860.
9. Keats, M.R., **Culos-Reed, S.N.**, Courneya, K.S., & McBride, M. (2007). An examination of the beliefs, attitudes and counselling practices of paediatric oncologists toward physical activity: A provincial survey. Paediatrics & Child Health, 12(4), 289-93.

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10. Keats, M.R., Culos-Reed, S.N., Courneya, K.S., & McBride, M. (2007). Understanding physical activity in adolescent cancer survivors: An application of the theory of planned behavior. *Psycho-Oncology*, 16(5), 448-57.
11. **Culos-Reed, S.N., Carlson, L.E., Daroux, L.M., & Hately-Aldous, S. (2006). A pilot study of yoga for breast cancer survivors: Physical and psychological benefits. *Psycho-Oncology*, 15(10), 891-897.**
12. Keats, M.R., Culos-Reed, S.N., & Courneya, K.S. (2006). An examination of physical activity behaviours in a sample of adolescent cancer survivors. *Journal of Pediatric Oncology Nursing*, 23, 1-8.
13. **Culos-Reed, S.N., Shields, C., & Brawley, L.R. (2005). Breast cancer survivors involved in vigorous team physical activity: Psychosocial correlates of maintenance participation. *Psycho-Oncology*, 14, 594-605.**
14. **Culos-Reed, S.N., Carlson, L.E., Daroux, L.M., & Hately-Aldous, S. (2004). Discovering the physical and psychological benefits of yoga for cancer survivors. *International Journal of Yoga Therapy*, 14, 45-52.**
15. Bray, S.R., Gyurcsik, N.C., Martin-Ginis, K.A., & Culos-Reed, S.N. (2004). The proxy efficacy exercise questionnaire: Development of an instrument to assess proxy efficacy beliefs in group exercise classes. *Journal of Sport and Exercise Psychology*, 26, 442-456.
16. **Culos-Reed, S. N., & Brawley, L. R. (2003). Self-efficacy predicts physical activity in individuals with Fibromyalgia. *Journal of Applied Social Psychology: Biobehavioral Research*, 8, 27-41.**
17. Brawley, L. R., Culos-Reed, S. N., Angove, J., & Hoffman-Goetz, L. (2002). Understanding the barriers to physical activity for individuals with cancer: Review and recommendations. *Journal of Psychosocial Oncology*, 20, 1-22.
18. **Culos-Reed, S. N. (2002). The role of physical activity for cancer in children and adolescents: A review and recommendations. *Pediatric Exercise Science*, 14, 248-258.**
19. **Culos-Reed, S. N., Brawley, L. R., Martin, K. A., & Leary, M. R. (2002). Self-presentation concerns and health behaviors among cosmetic treatment patients. *Journal of Applied Social Psychology*, 32, 560-569.**
20. Bray, S. R., Gyurcsik, N. C., Culos-Reed, S. N., Dawson, K. A., & Martin, K. A. (2001). An exploratory investigation of the relationship between proxy efficacy, self-efficacy, and exercise attendance. *Journal of Health Psychology*, 6, 425-434.
21. **Culos-Reed, S. N., & Brawley, L. R. (2000). Fibromyalgia, physical activity, and daily functioning: The importance of efficacy and health-related quality of life. *Arthritis Care and Research*, 13, 343-351.**
22. **Culos-Reed, S. N., Rejeski, W. J., McAuley, E., Ockene, J., Dunbar-Jacob, J., & Roter, D. (2000). Adherence to behavioral and pharmacological interventions in clinical research in older adults. *Controlled Clinical Trials*, 21, 200S-205S.**
23. Brawley, L. R., & Culos-Reed, S. N. (2000). Studying adherence to therapeutic regimens: Overview, theories and recommendations. *Controlled Clinical Trials*, 21, 156S-163S.

### ***Manuscripts (Submitted or In Progress)***

1. Stephenson, L.E, Bebb D.G., Reimer R.A., Culos-Reed S.N. (Submitted) Physical activity and diet intentions in colorectal cancer patients receiving chemotherapy: examining the dual TPB model and the role of social support. Submitted to *Psycho-Oncology* on June 20, 2009.
2. Stephenson, L.E, Bebb D.G, Reimer R.A., Culos-Reed S.N. (in progress). Macro and micronutrient intake in colorectal cancer patients receiving chemotherapy. (for submission to *The Canadian Journal of Gastroenterology*).

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3. **Culos-Reed, S.N., Stephenson, L. & Keats, M.** (in progress). The Benefits of a Physical Activity Program for Cancer Survivors. To be submitted to *Supportive Care in Cancer*.
4. **Culos-Reed, S.N., Keats, M.R., Devonish, J.A. & Stephenson, L.** (in progress). Theoretical Implications from a Physical Activity Intervention for Cancer Survivors. To be submitted to *Health Psychology*.
5. **Culos-Reed, S.N., Norris, J., Carlson, L.E., & Hatley-Aldous, S.** (in progress). Yoga for cancer survivors. To be submitted to *Psycho Oncology*.

### **Abstracts**

1. **Culos-Reed, S. N.** Examining Psychosocial Outcomes from a Yoga Intervention in Cancer Survivors. (Submitted to Society for Behavioral Medicine).
2. Fisher-Schlombs, K., **Culos-Reed, S. N.**, Brandwein, J., Minden, M. D., Tomlinson, G. A., Alibhai, S. M. H. A pilot study of a home-based exercise intervention for adult patients with AML. (Submitted to 2010 ASCO Annual Meeting (June 4-8, 2010))
3. **Culos-Reed, S.N., Norris, J., Carlson, L.E., & Hatley-Aldous, S.** (2008). Yoga and Quality of Life in Cancer Survivors: Room for Alternative Physical Activity. *Journal of Sport & Exercise Psychology*, 30(Supplement), S162.
4. **Devonish, J., Culos-Reed, S.N., Keats, M., & Stephenson, L.** (2007). Physical Activity for Cancer Survivors: Fitness and QOL results from a 16 Week Intervention. *Journal of Sport & Exercise Psychology*, 29(Supplement), S157.
5. **Keats, M. & Culos-Reed, S.N.** (2007) Health Behaviours: Addressing the Gap in Pediatric Cancer Care. *Journal of Sport & Exercise Psychology*, 29(Supplement), S157.
6. **Norris, J., Culos-Reed, S.N., Carlson, L., Hatley Aldous, S.** (2007). Utilizing the Theory of Planned Behaviour for Understanding Yoga Participation in Cancer Survivors. *Journal of Sport & Exercise Psychology*, 29(Supplement), S194.
7. **Stephenson, L., Culos-Reed, S.N., Doyle-Baker, P.K., Devonish, J., & Dickinson, J.A.** (2007) Walking for Wellness: Results from a Mall Walking Program for the Elderly. *Journal of Sport & Exercise Psychology*, 29(Supplement), S157.
8. **Culos-Reed, S.N., Doyle-Baker, P.T.K., Dickinson, J., Stephenson, L., & Norris, J.** (2006). Mall-walking as a physical activity option: Results of a pilot study. *Journal of Sport and Exercise Psychology*, 28(Supplement), S55.
9. **Culos-Reed, S.N., Robinson, J.W., Lau, H., Keats, M., Kline, G., Norris, S., & Faris, P.** (2006). The benefits of physical activity for men with prostate cancer. *Psycho-Oncology*, 15, (Supplement), S214-215.
10. **Gingera, R., Wardell, R., & Culos-Reed, S.N.** (2005). Designing for the prostate cancer population: an integrated exercise and social support system. *Proceedings of the 36th Annual Conference of the Association of Canadian Ergonomists*. Halifax, NS. August, 2005. 4pp.
11. **Daroux, L. M., Culos-Reed, S.N., & Carlson, L. E.** (2003). Yoga and Cancer: An Examination of the Physical and Psychological Benefits. *Psycho-Oncology*, 12, (Supplement), S231-232.
12. **O'Connor, K., Culos-Reed, S.N. & Robinson, J.** (2003). Project PALS: Prostate Active Living Series. *Psycho-Oncology*, 12, (Supplement), S234.
13. **Shields, C.A., Culos-Reed, S.N., Angove, J., & Brawley, L.R.** (2002). The association between dragonboat participation and psychosocial variables: A positive physical activity experience for breast cancer survivors. *Journal of Sport and Exercise Psychology*, 24, (Supplement), S113.
14. **Culos-Reed, S. N., & Brawley, L. R.** (2001). Framing fibromyalgia support group discussions of physical activity. *Annals of Behavioural Medicine*, 23, (Supplement), S053.
15. **Angove, J., Culos-Reed, S. N., Brawley, L. R., & Hoffman-Goetz, L.** (2001). Barriers to physical activity for individuals with cancer: A methodological review. *Annals of Behavioural Medicine*, 23, (Supplement), S075.

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16. **Culos-Reed, S. N.**, & Brawley, L. R. (2000). Physical activity and successful daily functioning in FM. Journal of Sport and Exercise Psychology, 22, (Supplement).
17. **Culos-Reed, S. N.**, & Brawley, L. R. (2000). Theoretical prediction of physical activity behaviour in fibromyalgia. Annals of Behavioural Medicine, 22, (Supplement), S35.
18. **Culos-Reed, S. N.**, & Brawley, L. R. (1999). Using exercise to help cope with Fibromyalgia. Journal of Sport and Exercise Psychology, 21, (Supplement), S33.
19. **Culos-Reed, S. N.**, & Brawley. (1999, March). Predictors of better adjustment in Fibromyalgia. Society of Behavioral Medicine, Rapid Communications, 21, (Supplement), S254.
20. **Culos-Reed, S. N.**, Brawley, L. R., Martin, K. A., Leary, M. R., & Papaioannou, D. A. (1998). Physical activity to enhance appearance or health: Self-presentational issues. Journal of Sport and Exercise Psychology, 20, (Supplement), S21.
21. Gyurcsik, N. C., **Culos-Reed, S. N.**, Bray, S. R., & DuCharme, K. A. (1998). Instructor efficacy: Third-party influence of exercise adherence. Journal of Sport and Exercise Psychology, 20, (Supplement), S9.
22. Bray, S. R., **Culos-Reed, S. N.**, Gyurcsik, N. C., Widmeyer, W. N., & Brawley, L. R. (1998). Athletes' causal perspectives on game location and performance: The home advantage? Journal of Sport and Exercise Psychology, 20, (Supplement), S100.
23. **Culos, S. N.**, Brawley, L. R., Papaioannou, D. A., Martin, K. A., & Leary, M. R. (1998). Motivation for appearance or for health? Individual difference effects. Society of Behavioral Medicine, Rapid Communications, (Supplement), B62.
24. **Culos, S. N.** & Bray, S. R. (1997). Coaching behaviors and intrinsic motivation in youth skiers. Journal of Applied Sport Psychology, 9, (Supplement), S83.
25. **Culos, S. N.** & Weiss, M. R. (1997). Coaching behaviors and intrinsic motivation: A developmental test of cognitive evaluation theory. Journal of Sport and Exercise Psychology, 19, (Supplement), S45.

### *Presentations*

1. Oncology Nursing Interest Group of Alberta (ONIGA) – “Physical Activity for Cancer Survivors: From Research to Practice” (January 28, 2010)
2. Physical Activity for Cancer Survivors – Educational Day, Calgary AB. Organizer and host, Culos-Reed Health and Wellness Lab (January 22, 2010)
3. Medical Affairs in Community Oncology (MACO), Telehealth Event – “Yoga Thrive” (October 5, 2009)
4. Women Work Wonders Event – “Building a Sustainable Community Program for Cancer Survivors” (October 7, 2009)
5. GU Oncology Tumor Group Rounds. Princess Margaret Hospital, Toronto ON. “The Role of Physical Activity for Prostate Cancer Survivors” (November 6, 2009)
6. **Culos-Reed, S.N.**, Stephenson, L., Norris, J.M., Devonish, J.A. & Ross, A. (April, 2009). Maintaining Physical Activity for Cancer Survivors: What Happens after a Home-based Program? Presented at CAPO, Vancouver, BC.
7. **Culos-Reed, S.N.**, Stephenson, L., Norris, J.M., & Mackenzie, M. (March, 2009). Building Sustainable Community Programming for Cancer Survivors: Research Results from a Class-Based Yoga Program and Future Work with a Yoga Program DVD. Presented at SYTAR, Los Angeles, CA.
8. Vallance, J. & **Culos-Reed, S.N.** (October, 2008). Exercise and Breast Cancer Prevention: The Evidence, the Resources, and the Tips. Invited Speaker, Positively Pink, Calgary, AB.

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9. **Culos-Reed, S.N.** (August 2008). Living well with Prostate Cancer: Physical Activity to Enhance Quality of Life. Invited Speaker, Canadian Prostate Cancer Network Annual Meeting, Calgary, AB.
10. **Culos-Reed, S.N.** (August 2008). The Benefits of Physical Activity for Men with Prostate Cancer. Invited talk, presented at the Prostate Cancer National Conference, Calgary, AB.
11. **Culos-Reed, S.N.** (June 2008). Well-being during the Cancer Journey: Nutrition and Physical Activity. Invited Speaker, Cancer Care and Family Practice: A Provincial Oncology Education Event for Family Physicians and Oncologists, Edmonton, AB.
12. **Culos-Reed, S.N., Norris, J., Carlson, L.E., & Hatley-Aldous, S.** (June 2008). Yoga and Quality of Life in Cancer Survivors: Room for Alternative Physical Activity. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Niagra Falls, ON.
13. Devonish, J., Culos-Reed, S.N., Keats, M., & Stephenson, L. (June 2007). Physical Activity for Cancer Survivors: Fitness and QOL results from a 16 Week Intervention. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA.
14. Keats, M. & Culos-Reed, S.N. (June 2007). Health Behaviours: Addressing the Gap in Pediatric Cancer Care. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA.
15. Norris, J., Culos-Reed, S.N., Carlson, L., Hatley Aldous, S. (June 2007). Utilizing the Theory of Planned Behaviour for Understanding Yoga Participation in Cancer Survivors. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA.
16. Stephenson, L., Culos-Reed, S.N., Doyle-Baker, P.K., Devonish, J., & Dickinson, J.A. (June 2007). Walking for Wellness: Results from a Mall Walking Program for the Elderly. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA.
17. **Culos-Reed, S.N.,** Robinson, J.W., Lau, H., Keats, M., Kline, G., Norris, S., & Faris, P. (November, 2006). The benefits of physical activity for men with prostate cancer. Presented at the International Psycho-Oncology Society Conference, Venice, IT.
18. **Culos-Reed, S.N.,** Doyle-Baker, P.T.K., Dickinson, J., Stephenson, L., & Norris, J. (June, 2006). Mall-walking as a physical activity option: Results of a pilot study. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Denver, CO.
19. Keats, M.R., & Culos-Reed, S.N. (March, 2006). Determinants of physical activity in adolescent cancer survivors: An application of the theory of planned behavior. Presented at the Second International Cancer Rehabilitation Conference, Vancouver, BC.
20. Gingera, R., Wardell, R., & Culos-Reed, S.N. (2005). Designing for the prostate cancer population: an integrated exercise and social support system. Presented at the Annual Conference of the Association of Canadian Ergonomists, Halifax, NS.
21. Keats, M.R., & Culos-Reed, S.N. (2005). Physical activity counseling attitudes and behaviors of pediatric oncologists: Results of a provincial survey. Presented at the Canadian Association of Psychosocial Oncology Conference, Victoria, BC.
22. Keats, M.R., Culos-Reed, S.N., Doyle-Baker, T., & Swirsky, C. (2004). Pre-Season training for breast cancer dragon boat participants: Psychosocial correlates and quality of life. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Vancouver, BC.
23. O'Connor, K., Culos-Reed, S.N. & Robinson, J. Project PALS: Prostate Active Living Series. Presented at the Canadian Association of Psychosocial Oncology Conference (CAPO). Banff, AB, Canada. May 2003.

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24. Daroux, L. M., Culos-Reed, S.N., & Carlson, L. E. Yoga and Cancer: An Examination of the Physical and Psychological Benefits. Presented at the Canadian Association of Psychosocial Oncology Conference (CAPO). Banff, AB, Canada. May 2003.
25. Shields, C.A., **Culos-Reed, S.N.**, Angove, J., & Brawley, L.R. (2002, April). Prediction of dragonboating intentions and behaviour for breast cancer survivors: Application of the Theory of Planned Behaviour. Presented at the Annual meeting of the Society of Behavioural Medicine, Washington, DC.
26. Shields, C.A., **Culos-Reed, S.N.**, Angove, J., & Brawley, L.R. (2002, June). The association between dragonboat participation and psychosocial variables: A positive physical activity experience for breast cancer survivors. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Baltimore, MD.
27. Angove, J., **Culos-Reed, S.N.**, Martin, K.A., & Brawley, L.R. (2001). Correlates of social physique anxiety and functional self-presentation concerns for individuals with fibromyalgia. Presented at the annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, PQ.
28. **Culos-Reed, S.N.**, Shields, C., Angove, J., & Brawley, L.R. (2001). Paddles up: Baseline measures of social cognitive variables in active breast cancer dragonboat racers. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, PQ.
29. **Culos-Reed, S.N.** (2001). Use of social cognitive theories in the study of physical activity and fibromyalgia: Self-efficacy theory and the theory of planned behaviour. Invited presentation at the Division 47 Dissertation award at the American Psychological Association Annual Convention, San Francisco, CA.
30. Angove, J., **Culos-Reed, S.N.**, & Martin, K.A. (2001). Understanding exercise behaviour in individuals with FM: The role of self-efficacy, social support, and self-presentation concerns. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSA), St.Louis, MO.
31. Shields, C., Angove, J., **Culos-Reed, S.N.**, Brawley, L.R., & Hoffman-Goetz, L. (2001). Exploring the barriers to physical activity among breast cancer survivors: A study of southern Ontario support groups. Presented at the Eastern Canadian Society for Exercise Psychology Symposium (ECSEPS), London, ON.
32. Angove, J., **Culos-Reed, S.N.**, Brawley, L. R., & Hoffman-Goetz, L. (2001). Barriers to physical activity for individuals with cancer: A methodological review. Presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
33. **Culos-Reed, S. N.** & Brawley, L. R. (2001). Framing fibromyalgia support group discussions of physical activity. Presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
34. Shields, C., Angove, J., **Culos-Reed, S.N.**, Brawley, L.R., & Hoffman-Goetz, L. (2001). Barriers to physical activity among breast cancer survivors. Presented as a Rapid Communication at the annual meeting of the Society of Behavioural Medicine, Seattle, WA.
35. **Culos-Reed, S. N.** & Angove, J. (2000, November). Understanding the barriers to physical activity for individuals with cancer. Presented at the Cancer Control Seminar, hosted by the Centre for Behavioural Research and Program Evaluation and the Health Behaviour Research Group, University of Waterloo.
36. **Culos-Reed, S. N.**, & Angove, J. (2000, November). Physical activity and cancer in youth populations: A review and recommendations. Presented at the Physical Activity and Cancer Conference, Cooper Institute, Dallas, TX.

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37. **Culos-Reed, S. N.** (2000, October). Physical activity and fibromyalgia: An examination of psychosocial correlates of participation. Portion of the Invited Symposium on Physical Activity and Chronic Disease. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Waterloo, ON.
38. Angove, J., **Culos-Reed, S. N.**, & Martin, K.A. (2000, October). Social support and physical activity in fibromyalgia. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Waterloo, ON.
39. **Culos-Reed, S. N.**, & Brawley, L. R. (2000, June). Physical activity and successful daily functioning in FM. Presented at the annual meeting for the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), San Diego, CA.
40. **Culos-Reed, S. N.**, & Brawley, L. R. (2000, April). Theoretical prediction of physical activity adherence in Fibromyalgia. Presented at the annual meeting of the Society of Behavioral Medicine, Nashville, TN.
41. **Culos-Reed, S. N.**, & Gyurcsik, N. C. (1999, September). A review of physical activity interventions in chronic disease populations: Osteoarthritis and Fibromyalgia. Presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology (AAASP), Banff, AB.
42. **Culos-Reed, S. N.**, Brawley, L. R., Martin, K. A., Leary, M. R., & Papaioannou, D. A. (1999, October). Self-presentation, exercise and psychological well-being. Portion of the Symposium For better or for worse: The influence of self-presentation on health-risk and health-promoting behaviors. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Edmonton, AB.
43. **Culos-Reed, S. N.**, & Brawley, L. R. (1999, June). Using exercise to help cope with Fibromyalgia. Presented at the annual meeting for the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Clearwater Beach, Florida.
44. **Culos-Reed, S. N.**, & Brawley, L. R. (1999, May). Predicting physical activity and functional status in Fibromyalgia. Presented at the meeting of the Arthritis Health Professionals Association, Toronto, Ontario.
45. Brawley, L. R., **Culos-Reed, S. N.**, & Gyurcsik, N. C. (1999, May). Physical activity and health related quality of life for seniors. Presented at the meeting of the Active Living Coalition for Older Adults (ALCOA) National Forum on Older Adults Active Living, London, Ontario.
46. **Culos-Reed, S. N.**, & Brawley. (1999, March). Predictors of better adjustment in Fibromyalgia. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
47. **Culos-Reed, S. N.**, Bray, S. R., Gyurcsik, N. C., & Brawley, L. R. (1998, October). The theory of planned behavior: Examining aspects of perceived behavioral control. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Fredericton, New Brunswick.
48. Brawley, L. R., Gyurcsik, N. C., DuCharme, K. A., **Culos-Reed, S. N.**, & Bray, S. R. (1998, October). Perceived control: A bridging construct central to theories and interventions of motivated behavior. Symposium conducted at the annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Fredericton, New Brunswick.
49. Gyurcsik, N. C., DuCharme, K. A., **Culos-Reed, S. N.**, Bray, S. R., & Brawley, L. R. (1998, October). Perceived control in goal and self-efficacy theories. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Fredericton, New Brunswick.
50. Bray, S. R., Gyurcsik, N. C., **Culos-Reed, S. N.**, & Brawley, L. R. (1998, October). Perceived control in the group environment. Presented at the annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS), Fredericton, New Brunswick.

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51. **Culos, S. N.**, Brawley, L. R., Martin, K. A., Leary, M. R., & Papaioannou, D. A. (1998, June). Physical activity to enhance appearance or health: Self-presentational issues. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Charles, Illinois.
52. Gyurcsik, N. C., **Culos, S. N.**, Bray, S. R., & DuCharme, K. A. (1998, June). Instructor efficacy: Third-party influence of exercise adherence. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Charles, Illinois.
53. Bray, S. R., **Culos, S. N.**, Gyurcsik, N. C., Widmeyer, W. N., & Brawley, L. R. (1998, June). Athletes' causal perspectives on game location and performance: The home advantage? Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Charles, Illinois.
54. Brawley, L. R., & **Culos, S. N.** (1998, May). Frameworks, models, and theories used in studying adherence behavior: An overview. Presented at the Invited conference on Adherence to Behavioral and Pharmacological Interventions in Clinical Research on Older Adults, Winston-Salem, North Carolina.
55. **Culos, S. N.**, Brawley, L. R., Papaioannou, D. A., Martin, K. A., & Leary, M. R. (1998, March). Motivation for appearance or for health? Individual difference effects. Presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, Louisiana.
56. **Culos, S. N.**, & Bray, S. R. (1997, September). Coaching behaviors and intrinsic motivation in youth skiers. Presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology (AAASP), San Diego, California.
57. **Culos, S. N.**, & Weiss, M. R. (1997, May). Coaching behaviors and intrinsic motivation: A developmental test of cognitive evaluation theory. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Denver, Colorado.

### *Grants - Received*

1. Easaw, J., Culos-Reed, S.N. (co-PI), & Stephenson, L. (May, 2009). Project BE well: Brain cancer and exercise – A feasibility study. Tom Baker Cancer Centre, in-house study (\$15,000).
2. Courneya, K.S., Friedenreich, C., **Culos-Reed, S.N.**, Vallance, J., McNeely, M. (May, 2009). Cohort study of physical activity and health-related fitness in breast cancer survivors: The moving beyond breast cancer study. Canadian Institute of Health Research, Team Grant in Physical Activity and Breast Cancer Survivorship, LOI (\$10,000, 1 year funding for full grant application).
3. **Culos-Reed, S.N.** (May, 2009). Building sustainable community programming for cancer survivors. A yoga program. Telus, \$20,000
4. **Culos-Reed, S.N.** (July, 2009). Developing a rural Alberta Yoga program. Alberta Health Services Community and Rehabilitation Oncology Services (\$11,000/ 1 year).
5. Vallance, J.K., Trudeau, M.G., & **Culos-Reed, S.N.** (March, 2009). Understanding physical activity behavior, determinants, and preferences in rural breast cancer survivors in Southern Alberta. Funded by the Cancer Corridor, Alberta Health Services (\$7,500 / 1 year).
6. Vallance, J.K., Trudeau, M., **Culos-Reed, S.N.**, Friedenreich, C.M., & Courneya, K.S. (June, 2009). Facilitating physical activity behavior and health outcomes in breast cancer patients receiving chemotherapy: A practical behavioral trial. Canadian Institutes of Health Research Operating Grant Competition (\$187,963 / 3 years).

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7. **Culos-Reed, S.N.** (August, 2008). Conference, Symposium or Local Workshop Application, AHFMR. Funding for 40<sup>th</sup> Annual Meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS). Canmore, AB, Nov 1-3, 2008 (\$8,000).
8. Alibhai, S. (PI) & **Culos-Reed, S.N.** (May 2008) *A Pilot Study of Home-based Exercise Intervention for Patients with AML*. Leukemia and Lymphoma Society, 2 years (\$120,000).
9. **Culos-Reed, S.N.** (PI) & Smith, D.J. (2007). *Climb Back from Cancer*. The Canadian Imperial Bank of Commerce – Calgary Health Trust, 10 years (\$500,000).
10. **Culos-Reed, S.N.** (PI) (2007). Mall Walking Project. Funded by the Primary Care Network, 1 year (\$12,000).
11. **Culos-Reed, S.N.** (PI) (2007). *Expansion of the yoga program*. Private Donor, Mr. Bill Andrew, 2 years (\$70,000).
12. **Culos-Reed, S.N.** (PI) (2007). *Yoga for Cancer Survivors: Examining the Benefits of Home-based Yoga*. The Calgary Foundation, 1 year (\$20,000).
13. Courneya, K., Freidenreich, C., Mackey, D., Blanchard, C., Rhodes, R., & **Culos-Reed, S.N.** (Co-PI's) (2007). *Exercise Barriers in Cancer Survivors*. CIHR – Seed Grant, 1 year (\$59,576).
14. **Culos-Reed, S.N.** (PI) (2006). *Mallwalking as Physical Activity*. The University of Calgary Research Grant – Short-term Project, 1 year (\$8,000).
15. **Culos-Reed, S.N.** (PI) (2006). *Mallwalking Project*. Funded by the Calgary Health Region, 1 year (\$7,000).
16. Courneya, K.S. (PI), Friedenreich, C.M., Segal, R., McKenzie, D.C., (Co-PIs), Mackey, J.R., Blanchard, C.M., & **Culos-Reed, S.N.** (2005). *Physical exercise across the cancer experience*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 2 years (\$176,000).
17. **Culos-Reed, S.N. (PI)**, Robinson, J., Lau, H., Kline, G., Norris, S., & Faris, P. (2004\*). *Project PALS (Prostate Active Living Series): A physical activity program for the treatment of androgen deprivation syndrome in men with prostate cancer*. Funded by the Alberta Heritage Foundation for Medical Research: Health Research Fund, 2 years (\$100,000). \*project funding extended for 1 year due to maternity leave.
18. **Culos-Reed, S.N. (PI)** (2004\*). *Mallwalking Project*. Funded by the Calgary Health Region, 1 year (\$5,000) \*project funding extended for 2 years due to maternity leaves.
19. **Culos-Reed, S.N. (PI)** (2003\*). *Physical activity for cancer survivors*. Funded by the Alberta Heritage Foundation for Medical Research: Population Health Investigator Award, 3 years (\$112,500) \*project funding extended for 2 years due to maternity leaves.
20. **Culos-Reed, S.N. (PI)** & Carlson, L. (2002). *Examination of a yoga program for cancer survivors*. Funded by the University of Calgary, Collaborative Grant, 1 year (\$10,000).
21. Robinson, J., **Culos-Reed, S.N. (Co-PI)**, & Lau, H. (2002). *Project PALS (Prostate Active Living Series)*. Funded by the Calgary Health Region, Pilot Funding, 1 year (\$24, 926.70).
22. **Culos-Reed, S.N. (PI)**, Reimer, R.A., Paskevich, D., & Doyle-Baker, P.K. (2001). *Evaluation of physical activity programs for health risk populations: A pilot project*. Funded by the University of Calgary, Starter Grant, 1 year (\$10,000).
23. **Culos-Reed, S.N.** (2001). University of Calgary Research Excellence Envelope, 2 years (\$14,903).
24. **Culos-Reed, S.N.** (2001). University of Calgary, Travel Grant. Funded to attend the APA Annual Convention, San Diego, CA. (\$1,320).
25. **Culos-Reed, S.N.** (2001). University of Calgary, New Appointment Funds. (\$15,000).
26. **Culos-Reed, S.N.** (2001). University of Calgary, SSHRC Development Grant (\$1,000).
27. Brawley, L.R., **Culos-Reed, S.N.**, & Hoffman-Goetz, L. (2000). *Examining barriers to physical activity in breast cancer*. Funded by a University of Waterloo Interdisciplinary Grant, 2 years (\$15,000).

***Grants – Under Review***

1. Culos-Reed, S.N. Self-regulation of physical activity maintenance in prostate cancer survivors. AHFMR – Health Scholar. Salary Support Award. September 2009
2. Culos-Reed, S.N., Brawley, L.R., Robinson, J.W., Ruether, D., & Vallance, J. Self-regulation of physical activity maintenance in prostate cancer survivors. NCIC (CCSRI) (\$380,796.65). October 2009 (5 years -July 2010-June 2015).
3. Alibhai, S., Culos-Reed, S.N., Kleipin, H., Brandwein, J., & Tomlinson, G. A pilot exercise RCT for AML patients undergoing induction chemotherapy. NCIC (CCSRI) (\$300,000). October 2009.
4. Ritvo, P., Alibhai, S., Segal, R., Culos-Reed, S.N., Tomlinson, G., Connor, M., & Matthew, A. (Budget TBD). A randomized trial of resistance exercise vs. a multi-modal program for men with prostate cancer on androgen deprivation therapy. NCIC (CCSI). (\$506,901.67). October 2009 (3 years - Sept 2010-Aug 2013).
5. Courneya, K.S., Bell, G., Culos-Reed, S.N., Friedenreich, C., McNeely, M., Yasui, Y. & Vallance, J. Cohort study of physical activity and health-related fitness in breast cancer survivors: The moving beyond breast cancer study. CIHR. (\$2,500,000). November 2009.
6. Keats, M., Culos-Reed, S.N., & Vallance, J. Yoga for breast cancer survivors. Enhancing accessibility for rural Nova Scotians. BCSC/QEII Foundation Awards. \$32,265, 1 year. (2010 application - Feb)

***Teaching – 2005 to present***

- KNES397 – Health and Exercise Psychology  
Winter, 2009 (60 students). Sole Instructor
- KNES 697 – Health and Exercise Psychology – Graduate Course  
Winter, 2009 (2 students). Sole Instructor
- KNES 615 – MKIN program  
Fall, 2009 (7 students). Guest Lecturer (2)
- KNES 695 – Physical Activity for Cancer Survivors: Directed Readings  
Fall, 2009 (1 student). Sole Instructor.
- KNES 397 – Health and Exercise Psychology  
Winter, 2008 (50 students). Sole Instructor
- KNES 697 – Health and Exercise Psychology  
Graduate Course – Winter, 2008 (2 students). Sole Instructor
- KNES 397 – Health and Exercise Psychology  
Winter, 2006 (60 students). Sole Instructor
- KNES 695.15 – Social Psychology of Physical Activity  
Graduate Readings Course – Winter, 2006 (3 students). Sole Instructor
- KNES 253 – Introduction to Mind Sciences: Health and Exercise Psychology (approx 200 students)  
Mentor to graduate student teaching the course, Winter, 2006
- KNES 479 – Exercise Testing and Prescription  
Lecturer: Applying theoretical models to the counselling process – Winter, 2006
- MDSC 635 – Psycho Oncology  
Lecturer: Physical activity for cancer survivors – November , 2005, 2006 (approx 10 students)

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Instructional Skills Workshop – completed May 2006 certification program.

Blackboard Skills Workshop – completed March 2005.

### ***Teaching – 2001 – 2005***

KNES 397 – Winter 2001, 2002, 2004 (2003, 2005 – on parental leave)

Sole Instructor (approx 60 students/year); Mentor to graduate student covering course during maternity leaves.

KNES 253 – Winter 2001, 2002 (2003 – on parental leave; 2004 – present – relief of teaching duties with AHFMR PHI)

Mentor to graduate student covering course during maternity leave and for AHFMR teaching relief duration.

KNES 695.14 – Exercise Counseling and Oncology. Graduate Directed Studies

Winter, 2004 (1 student). Sole Instructor

KNES 695.13 – Physical Activity and Juvenile Arthritis. Graduate Readings Course

Winter, 2004 (1 student). Sole Instructor

KNES 695.12 – Health and Exercise in Pediatric Oncology. Graduate Readings Course

Fall, 2003 (1 student). Sole Instructor

MDSC 635 – Psycho-Oncology

Lecturer: Physical Activity for Cancer Survivors – November 2001, 2002, 2003, 2004 (approximately 10 students)

University of Waterloo Teaching Certificate program (2000).

University of Calgary Library's Information Technology Days (2001).

Technology in Teaching – completed 1 day workshop (Faculty of Kinesiology, May 2004).

### ***Graduate Students – Current***

#### ***Supervisor:***

Michael MacKenzie, PhD Student (September 2009)

Ashley Ross, MSc Student (September 2008)

Marni Armstrong, MSc Student (co-supervisor, Dr. Ron Sigal) (September 2008)

Julia Devonish, PhD Student (September 2005 – current)

Funding: AHFMR

Topic: Physical Activity for Lung Cancer Survivors.

Maureen Kennedy, MD, PhD Student (January 2006 – current) \*Became supervisor after completion of 2+ years in program.

Funding: AB provincial CIHR Bone and Joint Training Program, AB Graduate Fellowship, Canadian Orthopedic Research Foundation, Calgary Surgical Research Foundation.

Topic: The Relationship between Physical Activity and QoL in Hip and Knee Replacement Patients.

#### ***Supervisory Committee:***

Jessica Vredenburg (Dave Paskevich; MSc, Kinesiology, September 2005 – current)

Harman Bedi (September 2009 – current)

***Graduate Students - Past***

***Supervisor***

Jennifer Schack, MSc Student (September 2006 – June 2009)

Funding: UC Open Scholarship

Topic: Exploring Physical Activity Levels, Preferences and Barriers in Southern Alberta Aboriginal Cancer Populations.

Jill Norris, MSc Student (September 2005 – June 2008). The Role of Parents in the Promotion of Physical Activity for Pediatric Oncology Survivors.

Funding: BP Canada Aboriginal Youth Achievers Scholarship, National Aboriginal Achievement Foundation, Aboriginal Health Careers Bursary

Lynette Stephenson, MSc Student (September 2006 – January 2008). Physical Activity and Diet Behaviours in Colorectal Cancer Survivors: Relationship with Quality of Life. Funding: CIHR Masters Fellowship.

Melanie Keats, PhD Student (September 2003 – November 2006). Physical Activity for Adolescent Cancer Survivors: Project TREK. Funding: SSHRC Canada Graduate Doctoral Fellowship, AHFMR Doctoral.

Fellowship, Honorary Killam Award, UC Grants

Kerry Coupland, MSc (September 2003 – June 2005). Psychosocial Benefits of Physical Activity for Children with Juvenile Arthritis. SSHRC Funding.

Lisa Daroux, MSc (September 2002 – April 2005). The Impact of Perceived Control on the Psychosocial and Physical Outcomes of Physical Activity in Cancer Survivors. UC Funding.

Kathleen O'Connor, MSc (September 2001 – 2003). Exercise for Prostate Cancer Patients: Impact on QoL, Fatigue, and Health Care Utilization. UC Funding.

***Supervisory Committee***

Kim Wagner Jones (MSc, Kinesiology, 2009)

Tyler Cameron (MSc, Kinesiology, 2009)

Diane Clarke (MSc, Kinesiology, 2008)

Andrew Ling (MSc, Kinesiology, 2008)

Matthew Skinn (MSc, Kinesiology, 2009)

Stewart Therrien (MSc, Kinesiology, 2009)

Randy Gingera (MDP, Environmental Design, 2004). Designing for the Prostate Cancer Population.

Jaana Kappanen (MSc, Kinesiology, 2004). A Multi-level Analysis of the Relationship Between Self-Efficacy, Collective Efficacy, and Cohesion in Basketball Teams.

Christine Pitakanen (MSc, Kinesiology, 2003). Sport Psychology.

Ella Solin (MSc, Kinesiology, 2003). Returning to Wholeness: Yoga and Personal Well-Being.

Jill Milne (PhD, Nursing, 2003). Strategies and Decision Making in Self-Care for Urinary Incontinence.

Lianne Barnieh (MSc, Community Health Sciences, 2003). The Effect of Physical Activity on Quality of Life in Breast Cancer Survivors. \*Dropped out of program in 2004.

***External Examiner***

Nancy Stocker – External (MSc, Community Health Sciences, 2009).

Kathleen Wilson – External (PhD, College of Kinesiology, University of Saskatchewan, 2008).

Brenda Key – External (MSc, Clinical Psychology, 2006).

Angela Busch – Comprehensive Exam Committee Member (PhD, Community Health Sciences, 2003).

Amy Latimer – External (MSc, Kinesiology, McMaster University, 2001).

***Other Supervision***

Tanya Williamson – Research Assistant September 2008 - current  
Abram Gusrath – MDSC Bachelor of Health Science, Honours Project (September 2008 – April 2009)  
Ashley Janzen – USRP (May – August, 2008)  
Chantelle Elson – USRP (May – August, 2008)  
HYRS – AHFMR Summer Student – Mickaela (July – August, 2008)  
Jamie Benham – Research Assistant (January 2008 – current)  
Jane Stewart – Research Assistant (August 2007-March 2008)  
Lori Tillotson – Research Nurse (April 2003 – August 2007)  
Nicole Desjardins – Research Assistant (January 2005 – August 2007)  
Lisa Benz – Kinesiology Honours Student (September 2006 – May 2007)  
Ashley Jensen – Kinesiology Practicum (September 2006 – April 2007)  
Jennifer Humphreys – Kinesiology Practicum (September 2006 – April 2007); Directed Studies Course  
(Spring, 2006); Undergraduate volunteer (September 2006 – April 2007)  
Erin Stockwell – Undergraduate Volunteer (September 2006 – December 2006)  
Sarah Mah – AHFMR HYRS Student (July – August, 2006)  
Robert Roth – USRP (May – August, 2006)  
Rhonda Christensen – Research Assistant (September 2005 – March 2006)  
Britany Bingham – Undergraduate Research Assistant, 2004-05  
Sophia Pin – Undergraduate Research Assistant, 2003-05  
Lauren Esau – Undergraduate Research Assistant, 2003-05  
Melanie Keats – Mentor, Teaching of KNES253, 2005  
Mentor, Development of KNES253, 397 and 697, 2006 (For Winter 2007)  
Lisa Daroux – Mentor, Teaching of KNES397, 2005  
Kathleen O’Connor – Mentor, Teaching of KNES253, 2003  
Ella Solin – Mentor, Teaching of KNES397, 2003  
Terry Hansen – Mentor, Teaching of KNES397, 2001

***Faculty of Kinesiology***

Graduate Education Committee – Faculty of Kinesiology  
January 2009 - present  
USRP Review Committee – September 2009 –  
Faculty Promotions Committee – July 2009 –  
Search Committee, NeuroSurgery – July 2009 –

***University of Calgary***

Ad Hoc Review Committee for Non-Academic Misconduct  
July 2007 – June 2009  
Academic Appeals Committee - University of Calgary  
July 2007 – June 2009

***University Service – Previous***

Curriculum Policy Committee – Faculty of Kinesiology  
July 2005 – June 2007

Faculty Council – Faculty of Kinesiology  
January 2001 – Present

Scholarship Review Committee – Faculty of Kinesiology  
January 2006 – January 2007

Ad Hoc Review Committee for Non-Academic Misconduct  
July 2005 – June 2007

Academic Appeals Committee - University of Calgary  
July 2005 – June 2007

Faculty Council Representative for the Faculty of Nursing  
July 2006 – July 2008

Chair, Health and Wellness Working Group – Faculty of Kinesiology  
January 2006 – June 2006

Faculty Council Representative for the Faculty of Social Sciences  
July 2001 – July 2003

President’s Advisory Search Committee for the Director of the Markin Institute for Research in  
Population Health Interventions  
March 2005 – October 2005

***Professional Service***

***Grant Reviews***

Social Sciences and Humanities Research Council – Standard Research Grant  
National Cancer Institute of Canada – Standard Research Grant  
Heart and Stroke Foundation – Standard Research Grant  
Canadian Institutes of Health Research – Team Project Grant  
Swiss National Science Foundation

***Book Reviews***

The Psychology of Exercise: Integrating Theory and Practice. Lox, Martin and Petruzello. Holcomb  
Hathaway Publishers. Eds. 1 (2001) and 2 (2005).

***Manuscript Reviews***

Psycho Oncology  
Journal of Health Psychology  
Journal of Physical Activity and Health  
Journal of Sport and Exercise Psychology  
Annals of Behavioural Medicine  
Arthritis Care and Research  
Journal of Applied Social Psychology  
Oncology Exchange  
Journal of Rehabilitation and Research Development  
Journal of Orthopaedic and Sports Physical Therapy

***Conference Service***

***Reviews***

SCAPPS (2005-current)

Society of Behavioural Medicine – Cancer Special Interest Group. Reviewer of abstracts for annual conference (2004 – present).

North American Society for the Psychology of Sport and Physical Activity. Reviewer of abstracts for annual conference (2002 – present).

***Membership Work - current***

Campaign to Control Cancer (C2CC; August, 2006) – Committee member. Responsible for development of Alberta Inventory (ongoing project work).

Alberta Healthy Living Network (AHLN) – Committee member, “Best Practices Working Group”.

Obesity Research Group – Addressing the childhood and adolescent overweight and obesity issue. Grant application to the Max Bell Foundation in November, 2006.

***Media Interviews***

Calgary Herald – Personality Profile (By Valerie Berenyi). (Oct 12, 2009)

Reuters - Yoga helps cancer survivors breathe easier (Sept 21, 2009)

The Globe and Mail – A calm for cancer (Sept 2, 2009)

Calgary Herald - Cancer Survivors Thrive with Yoga - 2 Articles, (Aug 2009)

The Calgary Sun - Local cancer-fighting yoga program goes national, (Aug 2009)

24 hours - Yoga program proves highly valuable to cancer patients, (Aug 2009)

Metro - U of C yoga program for cancer patients thriving, (Aug 2009)

Canada AM - Yoga Thrive, (Aug 2009)

CTV Local Evening News, CTV lunch hour local news & CTV Canada AM (national) - Yoga program for cancer survivors goes national, (Aug 20, 2009)

TELUS TV - Yoga Thrive, (Aug 2009)

AHFMR magazine - Yoga Thrive, (Aug 2009)

Fitness Magazine (US) - Yoga Thrive, (Aug 2009)

CBC radio - WildRose Country; CBC radio - EyeOpener; CBC radio - Home Stretch, Aug 21, 2009

Global local evening news, Health Beat, (Aug 2009)

NUTV (UofC TV) - Yoga Thrive, (Aug 2009)

FFWD magazine - Yoga for Cancer Survivors DVD launch (2008)

CTV – Noon News – Yoga for cancer survivors (Nov 20, 2008).

A-Channel – Yoga program for cancer survivors (2006).

A-Channel – Mallwalking program (2006).

CBC-Radio – Eye Opener Program. Yoga program for cancer survivors (2003).

A-Channel – Physical activity for cancer survivors (2003).

Calgary Herald – Vitality Section “Activity helps cancer patients” (October 30, 2003)

CBC-Radio – Home Stretch Program. Yoga program for cancer survivors (January, 2002).

Calgary Herald – City Section “The Healing Powers of yoga” (February, 2002).

CHQR-Talk Radio – Yoga program for cancer survivors (February 21, 2002).

CBC-Radio – Alberta Day Break Program. Yoga program for cancer survivors (February 24, 2002)

CBC-TV – Yoga program for cancer survivors (February, 2002).

CHQR-Talk Radio – TrymGym Research Project (August, 2001).

Aileen Frances Har – Interview for medical school study (September, 2001).